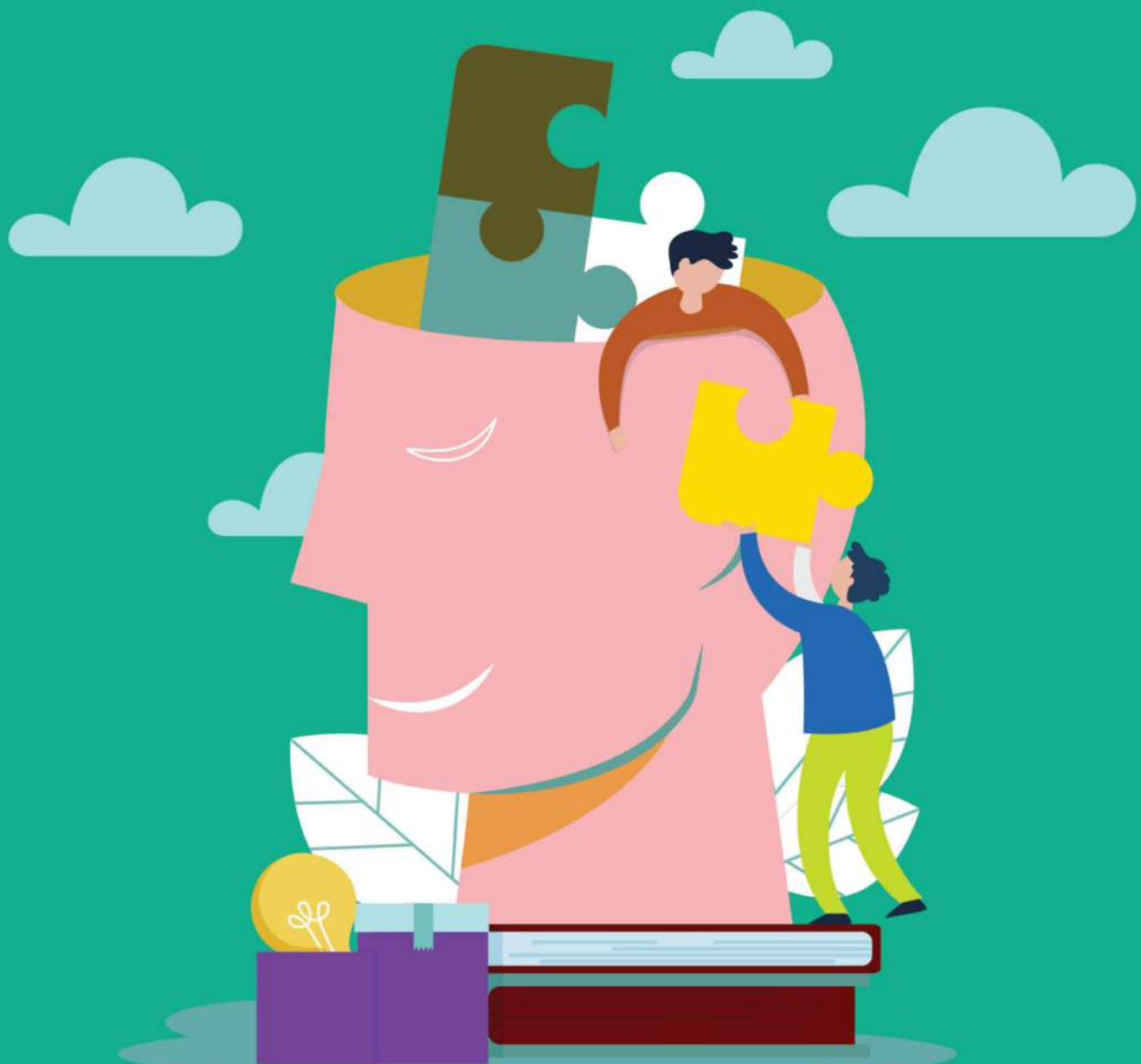




Jubileean

From RCJH



Core Team of Rotary Year : 2023 - 24

Board

President : Rtn Dr Jyothi Reddy G

Secretary : Rtn Vajrala Raja Gopal

Joint Secretary : Rtn Narresh Galidevara

Assistant Governor- Rtn Suresh Gupta

Treasurer : Rtn Madhukar Ranjan

Vice President 1 : Rtn Viji Gopalakrishna

Vice President 2 : Rtn Kamalakar

Membership Director : Rtn Chakravarthy Reddy

Club Administration Director : Rtn Rizwan

Rotary Foundation Director : Rtn Kalyan Ponguluri

Director Service Projects : Rtn Visireddy Laxmi

Director Public Image : Rtn Sridevi Kolluri

President Elect : Rtn Balakotireddy Visireddy

Rtn Ravi Kumar Madabushi : Immediate Past President

Seargent at Arms : Rtn Venkat Reddy

Advisors to the Board

Board Advisor : Rtn Sam Patibandla

Club Advisor : Rtn. Dr. Vasanth

Club Trainer : Rtn Sesha Sai Kumar

Club Financial Advisor - Rtn Raja Krishna

Membership Advisor : Rtn Dr Pardha Reddy

Club Administration Advisor : Rtn Murthy Vadapally

Rotary Foundation Advisor – DGN Dr. RamPrasad

Service Projects Advisor : Rtn T Sharda Rao

Public image Advisor : Rtn Vijayalaxmi Ravi

Youth Services

Interact Chair- Rtn Dimple Grover

Rotaract Chair – Rtn Nagaraj Kacham

**Trustees of RCJH Charitable Trust
(As on 01-09-2023)**

Managing Trustee : Rtn. B.S. Srinivasan

Secretary : Rtn. Sambasiva Rao Patibandla

Treasurer : Rtn. Raja Krishna

Rtn. Kumar Tipirneni

Rtn. Ramprasad.S.V

Rtn. Penchal Reddy

Rtn. Balakoti Reddy

Rtn. Sharda Rao

Rtn. G. Vijayalakshmi

Rtn. P.P. Reddy

Ex-officio Member : Rtn. Jyothi Reddy



Editorial Team

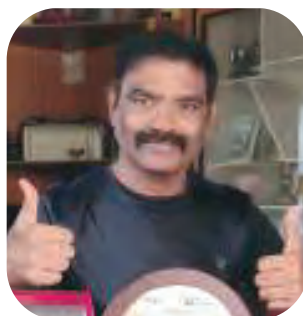
Rtn Sheela Ramakrishnan
Rtn Subbarao Tallapragada
Rtn Dimple Grover

Design check by
Secretary Vajrala Raja Gopal

Coordinated by
President Jyothi Reddy

Supported by
Public Image Director : Rtn Sridevi. K

Design Set By
Siddharth. N



From the Editor's Desk

Dear Jubileans!

The month of November is designated as the Rotary Foundation month in the Rotary calendar. Our club celebrated the month with the unique recognition bestowed by the Rotary Foundation of the Rotary International on our member Rtn. PP Jhansi by admitting her into the Arch Klumph Society (AKS) on her reaching the tremendous milestone of contributing USD 2,50,000 to the Rotary Foundation to date. Named after the sixth president of Rotary, the Arch Klumph Society recognizes The Rotary Foundation's highest tier of donors — those who have contributed \$250,000 or more during their lifetime.

As an AKS member Jhansi's portrait will be placed in the Arch Klumph Society Gallery, located on the 17th floor of Rotary International World Headquarters in Evanston, Illinois, USA along with other AKS members. The Portraits are etched on glass plaques to create a stunning display of the Rotary Foundation's most valued supporters. These Members will also have their profiles included in an interactive display, plus receive pins, pendants, and several other benefits commensurate with their generosity.

On behalf of all the members of the RCJH, Jubilean heartily Congratulates Rtn. Past President Jhansi Premanand for achieving this fantastic personal milestone in Rotary. Jhansi joined Rotary in the year 1989 and started giving to the Rotary Foundation from 1990 onwards. Jhansi says she will opt to be inducted in the AKS at the RI headquarters when she visits USA next year.

It is also heartening to note that the photograph of Jhansi taken by our member Rajesh Mindi has received appreciation from the RI headquarters for its quality and suitability for etching it on a glass plaque. Congratulations Rajesh!!

Jubilean also Congratulates Rtn (Solar) Murthy for receiving the Best Performer – South India award from TATA Power.

With the festival of lights – Deepavali and the high-voltage State elections in November all of you must have had a busy month. Now I request you all to relax and enjoy our current edition of the Jubilean and get ready to welcome the New Year.

Happy reading, Merry Christmas & Happy New Year!

Warmly,

Rtn Subbu

Rotary





CLUB PRESIDENT'S MESSAGE

Greetings!

As we bid adieu to the month marked by the festival of lights, let me extend my heartfelt gratitude to each one of you for making November a remarkable month for the Rotary Club of Jubilee Hills. With November being Rotary Foundation Month, we embraced the spirit of giving and exemplified the true essence of being Rotarians.

Let's take a moment to celebrate the generosity of our esteemed member Rotarian Jhansi for becoming an AKS member. Her big-hearted contribution is a testament to the core values of Rotary, and we express our sincerest gratitude for her dedication to the cause.

The grand Diwali celebrations hosted by our women Rotarians were nothing short of spectacular. It is yet another demonstration of the incredible power and strength that women bring to our club. Their efforts illuminated our lives and added an extra sparkle to the festival of lights.

Reflecting on the spirit of Diwali, let us all embrace the philosophy of removing darkness from within ourselves. Shedding off negative traits and embracing positive qualities, we welcome the light into our lives. This journey from darkness to light signifies a profound transformation, and it is heartening to see our club members embodying this philosophy.

November flew by with great satisfaction, marked by valuable speaker meetings, memorable fellowships, and the initiation of meaningful projects. The Nilofer Operation Theatre Lights project, the collaboration with Melbourne University for career counseling at Film Nagar School, and the progress of the learning center are all testaments to our commitment to making a positive impact on the community.

As the President of our esteemed club, I take immense pride in witnessing the forward momentum of our Rotary Club of Jubilee Hills. This progress is a collective achievement, made possible by the unwavering support and cooperation of each member. Together, we are making a difference and contributing to the betterment of our community.

Let us carry the spirit of November's Festival of Lights into the coming months, continuing our journey of service above self.

Wishing you all a festive and joyous December!



Dr. Jyothi Reddy Ghanta

President RCJH -2023-24



DID YOU KNOW?

The Four-Way Test, created in 1932 by Rotarian Herbert J. Taylor when he took charge of a struggling company, is one of the most widely printed and quoted statements of business ethics. Initially a 24-word guide for employees, it became the foundation for decisions in sales, production, advertising, and relationships with dealers and customers. Adopted by Rotary in 1943, this philosophy, credited for the company's survival, has transcended cultural boundaries, being translated into over a hundred languages and published in various forms worldwide.

Fun Facts about Rotary

- The first Rotary club meeting took place in Chicago, Illinois, on February 23, 1905.
- The initial regular luncheon meetings occurred in Oakland, California, chartered in 1909.
- The inaugural Rotary convention transpired in Chicago in 1910.
- The first service project of the inaugural Rotary club of Chicago involved installing public toilets in the city.
- The Rotary emblem appeared on a commemorative stamp for the first time in 1931 during the Vienna Convention.
- The premier Rotary club banner (from the Houston Space Center) to orbit the moon was carried by astronaut Frank Borman, a member of that club.
- The first Rotary International convention held outside the United States took place in Edinburgh, Scotland, in 1921.
- Rotary established the Paul Harris Fellow recognition in 1957 for contributors of US \$1,000 to The Rotary Foundation.
- The inaugural Rotaract Club formed in Charlotte, North Carolina, USA.
- Women joined Rotary for the first time in 1987.
- In 1911, Paul Harris allocated a budget of \$25.44 to mimeograph and mail the first Rotary Magazine, titled "The National Rotarian," to all 2,000 Rotarians in the 23 clubs nationwide.

Your paragraph text

Laughter
The Best
Medicine!

The Perfect Interview

Boss: why do yo-

Me: shhh

Boss: what's your biggest wea-

Me : shhh

Boss : (whispering) you are hired, welcome to the Library.

The Quick Interview

Job interviewer: well it says in your resume that you are quick at mathematics, what is 19x17?

Me : 36

Interviewer : that's not even close

Me : But it was quick

The Honest Interview

Interviewer: "What's your biggest weakness?"

Me: "I'm brutally honest."

Interviewer: "I don't think that's a weakness."

Me: "I don't care what you think."

December Birthday & Anniversaries

Birthdays

| Name | Date of Birth |
|-----------------------|---------------|
| RAMA KOTESWARA RAO K | Dec' 02 |
| UMA DEVI UPPALURI P | Dec' 03 |
| MADHAVI PILLA | Dec' 17 |
| RIZWAN SYED | Dec' 18 |
| SAI UTTHEJ PERUMALLA | Dec' 20 |
| MAHENDRA BHANDARI | Dec' 22 |
| DHANUNJAY KUMAR | Dec' 23 |
| GOPI KRISHNA ALAMURI | Dec' 25 |
| VENKATA SUBBA REDDY G | Dec' 26 |
| SRINADH BURAGADDA | Dec' 28 |
| GOPALKRISHNA S. P. | Dec' 29 |
| ANAM HANUMAN | Dec' 30 |
| ABHISHEK REDDY | Dec' 31 |
| SUBRAMANYA REDDY B | Dec' 31 |

Anniversaries

| Member | Spouse Name | Anniversary Date |
|---------------------------|------------------------|------------------|
| SUBRAMANYA REDDY B | UMA RANI | Dec' 01 |
| KALYAN PANGULURI | SPANDANA | Dec' 04 |
| JAIKUMAR GUPTA C | NIRMALA | Dec' 06 |
| Dr. AMARESH RAO M | Dr. GEETHA NAGASREE | Dec' 07 |
| GEETHA NAGASREE Dr. PHF | AMARESH | Dec' 07 |
| AKSHYA KUMAR MAHAPATRA | PRIYADARSHINI K | Dec' 09 |
| KANDULA PRIYADARSINI | AKSHYA KUMAR MAHAPATRA | Dec' 09 |
| SATYA PINJALA | RAMAKRISHNA | Dec' 09 |
| ALTAF AKBAR Dr. PHF | NAZIA | Dec' 10 |
| PRASAD M.B.V. Dr. PHF | KAMALA | Dec' 16 |
| NARESH GALIDEVARA | HEMANTHA GALIDEVARA | Dec' 19 |
| JHANSI PREMANAND PHS | PREMANAND | Dec' 20 |
| RAMAKRISHNA REDDY P. PHF | NIRMALA | Dec' 22 |
| CHAMPAKA RAO PHF | RAGHAV | Dec' 25 |
| VENKATA SUBBA REDDY GOURU | | Dec' 25 |
| SAURABH KUMAR CHHARIA | SWATHI | Dec' 27 |

Know your Rotarians!

In this segment, we invite you to test your knowledge of our esteemed Rotarian community.
Can you identify the faces behind these delightful childhood photos?
Send your answers to Rtn Sheela with a CC to our Club President



Can you identify this Rotarian from their early days?



Try to recognize this Rotarian from their youthful days!



Take a guess at which Rotarian this is from their younger years!



Who do you think this Rotarian is, looking at their younger self?

Answers will be shared in the upcoming issue of Jubileen

Know your Rotarians!

Answers to November's Issue of "Know your Rotarians"



Rtn Kethireddy Ramana Reddy



Rtn Tunuguntala Kumara Swamy



Rtn Vijaya Shanthi



Rtn Venkata Narasimha
Reddy Katkoori

RCJH in Action



Rotary
Jubilee Hills

INVITATION

Dear Rotarians and Friends,
You are cordially invited to join an interesting Speaker Meeting


CREATE HOPE in the WORLD

SPEAKER
SRI VINAYJI
Founder
Wisdom Foundation

TOPIC
ETERNAL WISDOM - MANUAL TO LIFE

DATE & TIME
28 November, 2023
Fellowship 7:00 to 7:30 PM
Meeting 7:30 to 8:15 PM
Q & A 8:15 to 8:25 PM

VENUE
JIC, Jubilee Hills
Hyderabad



ROTARY CLUB OF JUBILEE HILLS
Rtn Vairala Raja Gopal
Secretary

ROTARY CLUB OF JUBILEE HILLS
Rtn Dr Jyothi Reddy G
President

RCJH facilitated an enlightening session with Sri Vinay Ji, Founder of Wisdom Foundation, exploring the profound theme of the "Eternal Wisdom Manual to Life" on November 28th at JIC, Jubilee Hills. His insights delved into the timeless principles guiding our life's journey, encouraging introspection and thoughtful consideration of how these eternal wisdoms can shape our paths.

A Role Model for Us

A momentous occasion to celebrate and express gratitude! Rtn. Jhansi Premanand, a cherished member of Rotary Club of Jubilee Hills, has contributed an extraordinary \$250,000 to our Rotary Foundation, earning a well-deserved place in the Arch Klump Society (AKS). Her generosity sets an inspiring example, and we extend heartfelt thanks for her commitment to service. May her dedication inspire us all.



Congratulations!

Arch Klumph Society (AKS) Member
Rtn Jhansi Premanand
a proud member of Rotary Club of Jubilee Hills (RIID-3150)

RTN VAJRALA RAJA GOPAL

RCJH in Action



RCJH joyfully participated in the Fruit Mixing Ceremony organized by Shri Shakti College of Hotel Management on November 21st. The event was a delightful blend of tradition and camaraderie, fostering a sense of community. Such engagements contribute to the spirit of togetherness and shared celebrations.

RCJH women Rotarians radiated the spirit of Diwali on 14th November at JIC, Jubilee hills. The ambiance was filled with joy and festivity as members embraced the festival vibes, indulging in a lively game of housie that added an extra layer of excitement. The well-conducted activity brought smiles to everyone's faces, and the generous distribution of gifts added a touch of warmth and camaraderie to the celebration.



RCJH in Action

INVITATION
Dear Rotarians and Friends, You are cordially invited to join the Speaker Meeting



SPEAKER
Mr Jitendra Kumar Choudhary
Quantum Healing Practitioner

TOPIC
Quantum Healing - The Uncharted Territory

VENUE
JIC, Jubilee Hills
Hyderabad

DATE & TIME
7 November, 2023
Fellowship 7:00 to 7:30 PM
Meeting 7:30 to 8:10 PM
Q & A 8:10 to 8:30 PM

Rotary  **ROTARY CLUB OF JUBILEE HILLS** 

Rtn Vajraka Raja Gopal
Secretary

Rtn Dr Jyothi Reddy G
President



RCJH delved into the realms of holistic well-being on 7th November with a captivating speaker meeting led by Mr. Jitendra Kumar Choudhary, a Quantum Healing Practitioner. The enlightening session explored the uncharted territory of Quantum Healing, offering insights and perspectives that expanded the horizons of understanding. The event took place at JIC, Jubileehills, providing members with a unique and enriching experience.

On November 1st, RCJH embarked on a significant endeavor – a Technical Need Analysis visit for the Film Nagar School project. Collaborating with students from Melbourne University, the association aimed to contribute to a comprehensive Career Counseling Program. This initiative showcased RCJH's commitment to fostering educational and career development within the community.



Our Learning Center Updates

Empowering Women through Skill Development!

We are thrilled to announce the inauguration of our Entrepreneurship Development Program (EDP) at the Sharath Gopal RCJH Learning Centre in collaboration with Nirman Organisation. This initiative is aimed at empowering women and creating meaningful livelihood opportunities.

Kicking off with five sewing machines, the program is set to benefit ten enthusiastic individuals who, due to financial constraints, couldn't afford their sewing machines. These participants will engage in tailoring activities at the Learning Centre, utilizing the provided sewing machines.

This endeavor reflects our commitment to skill development and economic empowerment. We look forward to witnessing the positive impact this program will have on the lives of these aspiring individuals. Stay tuned for updates on their inspiring journey!



Rotary International News

*An excerpt from**

Rotary leads 28 sessions at United Nations Climate Conference

By Etelka Lehoczky

Rotary experts are hosting more than two dozen sessions at the 28th United Nations climate conference, addressing how a changing climate intersects with health, poverty, and other factors. Rotary International President R. Gordon R. McNally will discuss the mental health effects of climate-linked disasters.

The two-week conference in Dubai, also known as COP28 (short for Conference of the Parties, now in its 28th year), is the world's highest decision-making process addressing climate issues. It brings together more than 70,000 delegates from 197 countries and geographical areas as well as thousands of nongovernmental organizations, companies, and others. Rotary is taking part in the conference for the third time, highlighting community-led solutions, partnerships, and dialogue.

"The record global temperatures this year have underscored the immediate need to take action on climate change," McNally says. "They have also demonstrated the massive destructive toll that climate has taken on global mental health."

Explore the full article [Here](#)

FEATURE

An audacious request transforms South African schools

Feature | 29-Nov-2023

NEWS

Help Rotary Strike Out Polio

News | 01-Dec-2023

FEATURE

Rotary clubs in Brazil stand 'Together Against Polio'

Feature | 21-Nov-2023

Consider your carbon footprint

Feature | 01-Dec-2023

If all the climate change solutions, from electric cars to wind turbines, there's a powerful one that's staring you in the face — at breakfast, lunch, and dinner.

Rotary projects around the globe December 2023

Feature | 01-Dec-2023

An audacious request transforms South African schools

To read the Full News, Log into www.rotary.org
A Few Updates from Rotary International

Vitality Corner:

Health Tips for a Thriving You

Winter is the season to boost the immune system and nurture our bodies. Eating nourished warm food, getting adequate sleep, and staying active are crucial aspects of maintaining good health during winter.

Healthy Diet or Food:

Eating a well-balanced diet that includes whole grains, lean meats, fish, poultry, legumes, nuts and seeds, herbs, and spices, along with plenty of fresh fruits and vegetables, is essential to boost the immune system. Optimum intake of foods rich in vitamin C helps strengthen our immune system and keeps our body healthy.



Hygiene:

Maintain good hygiene practices, such as washing hands, to prevent the spread of bacteria and viruses.



Checkup Your Health Regularly:

Preventive health checkups are crucial during the winter season. Cold weather can trigger health problems like asthma, flu, sore throat, painful joints, and an increased risk of heart attacks due to low temperatures, which can raise blood pressure and put more pressure on the heart.



Quit Smoking:

Quit smoking, as it makes individuals susceptible to respiratory infections in winter.



Vitamin D:

Spend time outdoors and soak in the warm sun. Our bodies require vitamin D, which is essential for maintaining health and immunity. Vitamin D is also needed to regulate mood.



Clothing:

Wear woolen clothes to keep warm when going outdoors.



Now is the time to think about winter-season health prevention. If you want to avoid getting sick and reduce the need for antibiotics and other drugs, follow the above-mentioned tips for a safe and healthy winter.

RCJH members contribution to TRF



CLUB FUNDRAISING ANALYSIS

INTERIM RESULTS FOR JULY THROUGH DECEMBER (2023-24)

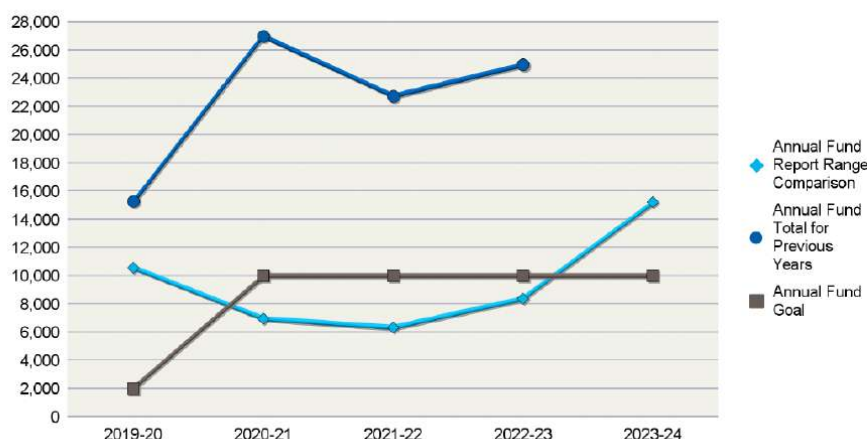
District 3150

Annual Fund Goal

| | |
|---------|----------|
| 2023-24 | \$10,000 |
| 2022-23 | \$10,000 |
| 2021-22 | \$10,000 |
| 2020-21 | \$10,000 |
| 2019-20 | \$2,000 |

Annual Fund Contributions

| | |
|---------|----------|
| 2023-24 | \$15,216 |
| 2022-23 | \$24,961 |
| 2021-22 | \$22,720 |
| 2020-21 | \$26,994 |
| 2019-20 | \$15,285 |



Annual Fund Report Range Comparison is the Annual Fund giving from 1 July to 31 December for current and previous years

The prior four-year average in Annual Fund giving from July through 31 December is \$8,056. This figure can be used to compare Annual Fund giving for the current Rotary year.

*Total Contributions include Annual Fund, PolioPlus, approved Foundation Grants, Other Giving, and Endowment contributions for the reporting period.

For questions and additional club reports please use [MyRotary](#) or call the Rotary Support Center toll free at (+1-866-976-8279) or by email at (rotarysupportcenter@rotary.org).

Data As of: 10-Dec-2023

Jubilee Hills, TS (26681)

Total Contributions*

| | |
|---------|-----------|
| 2023-24 | \$160,728 |
| 2022-23 | \$112,753 |
| 2021-22 | \$111,626 |
| 2020-21 | \$34,113 |
| 2019-20 | \$19,077 |

| AF Per Capita | Club | District |
|---------------|-------|----------|
| 2023-24 | \$93 | \$7 |
| 2022-23 | \$138 | \$40 |
| 2021-22 | \$205 | \$38 |
| 2020-21 | \$262 | \$73 |
| 2019-20 | \$134 | \$31 |

Membership

| | |
|---------|-----|
| 2023-24 | 163 |
| 2022-23 | 181 |
| 2021-22 | 111 |
| 2020-21 | 103 |
| 2019-20 | 114 |

| | EREY Members | Sustaining Members | PHS Eligible |
|---------|--------------|--------------------|--------------|
| 2023-24 | 182 | 2 | 1 |
| 2022-23 | 196 | 17 | 7 |
| 2021-22 | 174 | 13 | 7 |
| 2020-21 | 121 | 15 | 9 |
| 2019-20 | 123 | 14 | 6 |

Note: 'EREY Members' reflect the number of donors who contributed some amount to the Annual Fund during the Rotary Year. 'Sustaining Members' reflect the number of donors who contributed US\$100 or more to the Annual Fund. 'PHS Eligible' reflect the number of donors who contributed US\$1,000 or more to the Annual Fund, Polio Plus or approved Foundation Grant.

ClubFundraisingAnalysis R00079C.2007

నేపాల్ టూర్

బాయ్! బిల్డింగ్ అసోసియేషన్ ఆఫ్ ఇండియా మీట్ ప్రతి రెండు సంవత్సరాలకొక దేశంలో నిర్వహిస్తారు. గతంలో మలేషియా, మాల్దీవ్స్, ఇప్పుడు నేపాల్ వెళ్ళి వచ్చాం. 60 మంది పైన వెళ్ళాం తెలంగాణ నుండి, ఢిల్లీ మీదుగా నేపాల్ చేరిన మా కోసం రెండు బస్సులు పెట్టారు. “రాడిసన్” హోటల్లో మాకు వసతి ఏర్పాటు చేసారు.

మరునాడు బోధి టెంపుల్, స్వయం భూనాథ్ టెంపుల్ చూసాం. కొందరు మెడిటేషన్ చేస్తున్నారు, మేము నిశ్శబ్దంగా వున్నాం, కోతులు చాలా వున్నాయి. పెద్ద గంటలు చేతులతో తిప్పేవి వున్నాయి రెండు గుళ్ళలో, సాధారణంగా ప్రతి బుద్ధ టెంపుల్లో వుంటుంటాయి ఈ గంటలు. మన దగ్గర ధర్మశాలలో కూడా వుంది, అంతే పెద్ద గంట.

2వ రోజు

ఇఫాకా ఓపెనింగ్ సెర్క్లీ! నేపాల్ ప్రెసిడెంట్, అఫిషియల్స్ మాట్లాడారు. వివిధ దేశాల ప్రతినిధులు తమ జాతీయ జెండాలతో ఎంటరైనారు. మన ప్రతినిధి హైదరాబాద్ కావడంతో ఆయన వెనుక మేమంతా వెళ్ళి జెండాలు ఊపుతూ మన దేశాన్ని లెప్రజెంట్ చేసాము. ఈ రెండు సంవత్సరాలలో సాధించిన పురోగతిని వివరించారంతా. కల్లరల్ ప్రోగ్రాంలు, వారి లోక్ సంగీత్ చూసాం, విన్నాం. అందరికీ లెజిస్లేషన్ కిట్లు ఇచ్చారు. ఓపెన్ ప్లేస్లో చిరు చలిలో ఆహ్లాదంగా ఏర్పాటు చేసిన లంచ్ ఎంజాయ్ చేసాం.

అటు నుండి “పశుపతినాథ్” టెంపుల్ కెళ్ళాం, చాలా దూరం ప్రయాణించి. బస్సులు దిగి టెంపుల్ కెళ్ళే దారిలో చిన్న



రుద్రాక్ష షాపులు

షాపులు వున్నాయి. రుద్రాక్ష మాలలు రకరకాల సైజుల్లో వేలాడుతున్నాయి. అంత రుద్రాక్ష సంపద ఎక్కడా చూడలేదు. ఆకు పచ్చగా కాయలు నిమ్మకాయ సైజులో వున్నాయి. బస్తాలు నింపుకొని ట్రక్కుల్లో వస్తున్నాయి. ఇంకా సాలి గ్రామాలు - కుంకుమ - ఇత్తడి సామాన్లు వున్నాయి. విచిత్రంగా, అద్భుతంగా చూస్తూ నడుస్తూ ఆలయం చేరాం. ముందు పెద్ద ఇత్తడి నంది వుంది. పురాతన ఆలయం పక్కనే భాగమతి నది - ఒడ్డున స్టైచర్స్, శ్మశాన వాటిక లాగా వుంది. భజనలు చేస్తున్నారు. కాశీలో వున్నామా అనిపించింది. ఆలయం చుట్టూ ఇత్తడి ప్రమిదలు వెలుగుతూ కార్తిక శోభను పంచుతున్నాయి. ఫోటోలు వీడియోలు తీయ కూడదు. విశాల ప్రాంగణాలు, శివలింగాలు అర్చనలు అభిషేకాలు - విభూతి ధారణ, పెరిగిన గడ్డంతో గంభీరంగా సాధువులున్నారు. తిరిగి హయత్ చేరి ఓపెన్ ప్లేస్లో ఏర్పాటు చేసిన గ్రాండ్ డిన్నర్ చేసాం.

3వ రోజు

రెండు గంటలు ప్రయాణించి 6 am కి సన్రైజ్ పాయింట్ చేరాం. ఆ చలికి నేను పైకి ఎక్కలేక బస్లోనే వున్నాను.



బోధినాథ్ టెంపుల్

Wholesome Delights

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Phar Phar Chicken Wings with Chili Garlic Sauce

Ingredients

- 400 gm chicken wings
- 2 tablespoons soy sauce
- 1 tablespoon oyster sauce
- 1 tablespoon honey
- 2 cloves garlic
- 1 teaspoon ginger
- 1/2 teaspoon Chinese five-spice powder
- 1/4 teaspoon salt
- 1 pinch black pepper
- 3 tablespoons vegetable oil

For Chilli Garlic Sauce

- 2 tablespoons sriracha sauce
- 1 tablespoon soy sauce
- 1 tablespoon rice vinegar
- 1 tablespoon honey
- 1 clove garlic
- 1/2 teaspoon ginger
- 1/4 teaspoon sesame oil
- 1 pinch chili flakes

Nutrition Information

Calories: 425 Total Time: 20 minutes Prep Time: 10 minutes Servings: 2

Instructions:

Step 1/8: Prepare The Marinade For Chicken Wings

In a mixing bowl, combine soy sauce, oyster sauce, honey, minced garlic, grated ginger, Chinese five-spice powder, salt, and black pepper to create the marinade for the chicken wings.

Step 2/8: Marinate For Some Time

Place the chicken wings in the bowl with the marinade and toss to coat them evenly. Let them marinate for a few minutes while you prepare the chili garlic sauce.

Step 3/8: Make Chilli Garlic Sauce

In a small bowl, mix together sriracha sauce, soy sauce, rice vinegar, honey, minced garlic, grated ginger, sesame oil (if using), and red pepper flakes to make the chili garlic sauce. Set aside.

Step 4/8: Fry The Marinated Chicken Wings

Heat vegetable oil in a frying pan or skillet over medium heat. Once the oil is hot, carefully add the marinated chicken wings to the pan, reserving any remaining marinade.

Step 5/8: Cook For 5 Minutes

Cook the chicken wings for about 5 minutes on each side, or until they are golden brown and cooked through. Flip them occasionally to ensure even cooking.

Step 6/8: Prepare The Glaze

While the chicken wings are cooking, transfer the reserved marinade to a small saucepan and heat it over medium-low heat until it thickens slightly, stirring occasionally. This will be used as a glaze for the wings.

Step 7/8: Coat The Chicken Wings With Glaze

Once the chicken wings are cooked, remove them from the pan and place them on a paper towel-lined plate to absorb excess oil. Brush the cooked wings with the glaze, coating them evenly.

Step 8/8: Serve Hot

Serve the Phar Phar Chicken Wings with Chili Garlic Sauce hot, garnished with sesame seeds and sliced green onions, if desired.





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